Steppin? Out for PANS PANDAS

#SteppinOutForPANSPANDAS

www.inflamedbrain.org/steppin-out

Moving outside our comfort zone... together.

5 Donor Email Templates: How to Use

These templates make it simple to ask donors to support your fundraising efforts. They're designed as fill-in-the-blank starting points—feel free to personalize them to reflect your voice and relationship with the recipient.

Instructions:

- **Update all RED text** with the appropriate names, details, and fundraising links.
- Make it personal. Add a warm greeting or quick personal note if you like ("How are Peter and the kids? Great to catch up last week!").
- **Keep it brief.** Aim for 3–5 short paragraphs max.
- Craft a clear subject line. Let them know why you're reaching out.
- Send individually. Avoid mass emails—personalize each one using the donor's name.

These small touches go a long way. Good luck, and thank you for fundraising with us!

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Donor Email #1 General Support Ask

Subject: Please support me in Steppin' Out for PANS PANDAS!

Dear [Name],

This September, I'm joining changemakers across Canada to raise funds for some of the most medically marginalized children and adults living with PANS and PANDAS.

On **Saturday, September [XX]**, I'll be walking 2 or 5 km in **Steppin' Out for PANS PANDAS**—a national fundraising event for **Inflamed Brain Alliance (IBA)**, Canada's only charity dedicated to supporting families affected by these life-altering neuroinflammatory conditions.

I'm proud to walk for this cause, and I'd be so grateful for your support.

Click here to donate securely

(Insert your fundraising link here—be sure to test it!)

Your generosity fuels awareness, research, education, and hope.

Thank you so much, [Your Name]

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Donor Email #2

Friends, Colleagues & Acquaintances

Subject: Join me in being a changemaker through Steppin' Out for PANS PANDAS! Hi [Name],

I wanted to share something important I'm doing this fall.

[PANS/PANDAS] has deeply impacted [my child, my family, a dear friend...]. Every year, children and adults with this condition go undiagnosed or untreated. But we can help change that.

On **September [XX]**, I'll be walking 2 or 5 km in **Steppin' Out for PANS PANDAS**—a fundraiser for **Inflamed Brain Alliance (IBA)**, Canada's only charity dedicated to this cause.

IBA is pushing for earlier diagnosis, access to treatment, and much-needed Canadian research. They rely 100% on donors and volunteers.

Would you consider donating to support my walk?

Click here to give

Thanks for helping me step up for something that really matters.

Warmly,
[Your Name]

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Donor Email #3 "Walk in the Park" Theme

Subject: Unlike these brain disorders... my fundraising will be a walk in the park.

Hi [Name],

What I'm doing is simple. Why I'm doing it is anything but.

On **September [XX]**, I'll be walking 2 or 5 km in **Steppin' Out for PANS PANDAS** to raise awareness and funds for **Inflamed Brain Alliance (IBA)**—Canada's only charity supporting children and adults with PANS/PANDAS.

I've seen firsthand how devastating this condition can be, and I want to help make change happen. Even if I'm not in peak shape, I'm steppin' out—for them.

Will you support my walk with a donation?

Click here to donate

Your gift helps bring hope, research, and support to those who need it most.

Thank you for your generosity, [Your Name]

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Donor Email #4 Personal Story

Subject: I'm Steppin' Out for PANS PANDAS on September [XX]—here's why.

Dear [Name],

On **September [XX]**, I'm participating in **Steppin' Out for PANS PANDAS**, a national walk for the **Inflamed Brain Alliance**, a Canadian charity helping children, adults, and families impacted by PANS and PANDAS.

[Insert your 4–5 sentence personal story here:

"As you may know, our family has faced an uphill battle getting proper diagnosis and care for [my child / loved one] with PANS/PANDAS..."]

This cause is close to my heart, and I'd love your support.

Click here to donate securely

(You'll receive an instant charitable tax receipt.)

Thank you for believing in this mission. Your support means more than you know.

With gratitude, [Your Name]

P.S. If you're interested in joining me on Walk Day, let me know—I'd love the company!

STOPPIN? OUT FOR PANS PANDAS

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Donor Email #5 \$25 Ask

Subject: A \$25 gift can make a difference for children and adults with PANS PANDAS.

Dear [Name],

I'm walking on **September [XX]** in **Steppin' Out for PANS PANDAS**, a national event supporting **Inflamed Brain Alliance (IBA)**—Canada's only registered charity helping children, adults, and families affected by this complex neuroimmune condition.

Would you consider donating \$25 to support my walk?

b Click here to give securely

(Your donation is tax-receipted instantly.)

Every dollar helps improve care and raise awareness for those suffering—many of them in silence.

Thank you in advance for your kindness, [Your Name]